

SWITCH OFF A LIGHT—SUPPORT MIGRATING BIRDS

SPRING: MAR 15 – JUN 1 | PEAK: APR 15 – MAY 15

You can help protect the hundreds of thousands of migratory birds that pass through the Waterloo Region each spring and fall by following the steps below to reduce window collisions during migration season



- ▶ Turn off all non-essential indoor and outdoor lights between 11 p.m. and 6 a.m. to help create darker, safer conditions during peak migration hours.



- ▶ For essential lighting, install shielding and direct the light downward to reduce sky glow and disorientation for migrating birds.



- ▶ Set floodlights on timers or motion sensors so they only turn on when needed, limiting unnecessary nighttime illumination and reducing wildlife attractants.



- ▶ Close blinds after dusk so interior light stays contained and does not spill outward into the night sky.



- ▶ Share your Lights Out commitment and encourage neighbours, friends, and colleagues to join by posting about the initiative and spreading awareness.



Interested in participating or learning more? Scan the QR code or e-mail birdfriendlykitchener@gmail.com



BIRD FRIENDLY
CITY
KITCHENER, ONTARIO
CERTIFIED BY NATURE CANADA

LIGHTS OUT, KITCHENER!

A CAMPAIGN TO PROTECT MIGRATING BIRDS